

FACULTY:

DR. SANGEETA SAIKIA



- A. Designation:** Assistant Professor (currently the HoD)
B. Qualification: M.Sc. Ph.D.
C. Area of specialization: Child Development and Family Relations.
D. Area of Research: Education and Socio-Cultural Environment of Tea Garden Communities.
E. Research Degree:

| Degrees | Title | Date of award | University |
|---------|--|---------------|----------------------|
| PhD | Plantation Occupation, Socio-Cultural Environment and Children's Education: A Comparative Study of Three Tea Gardens of Dibrugarh District of Assam. | 10/06/2009 | Dibrugarh University |

F. Phone number:9365896454

G. e-mail ID chaliha.sangeeta@gmail.com

H. Detail Bio-Data of Faculty:

H₁Positions Held: Member of Different body, coordinator, Nodal Officer and Programme Officer of Cells and Committees.

H₂ Academic/Research Experience:

- Have been serving the institution for the last 27 years and is currently the HOD since February 2022.
- Member of Board of Studies of Home-Science(CBCS) of Dibrugarh University.
- Involved in confidential work of the Dibrugarh University and Lakhimpur Autonomous University.
- Involved in the conduct of Practical Examination as External Examiner and Internal Examiner.

- Invited for delivering a speech on “Psychological Counseling for Young Adult and Counter Stress Management” as a resource person in Department of Philosophy on 06/03/2019.
 - Coordinator of Girls Common Room in several years.
 - Member of PTA Committee of the College.
 - Awarded PhD by Dibrugarh University in 2009.
 - Published Research papers in peer reviewed journals.
- a. Languages: English, Assamese and Hindi

H₃: Subjects handled at UG level: Home Science, Multidisciplinary studies, Environmental Studies, Human Development and Child Psychology.

H₄: Areas of Interest- Dietetics, Interior design, Horticulture and floriculture

H₅: professional Skill other than teaching:

- Efficient in Working with MS Office.
- Organizing Health and Nutrition Awareness programme.
- Organizing Annual Flower Show as Convenor of Dibrugarh District Planters Club.

H₆: Honours and award: NIL

Paper presented in National and International Seminars/ Workshop/Conferences:

| Sl. no. | Title of the paper presented | Title of the Conference/ Seminar | Organiser | Sponsoring agency | Level | Date |
|---------|--|---|---|-------------------|----------|--|
| 1. | Plantation Tourism and its Scope in Assam | Anthropology of Tourism with Special Reference to North East India. | Department of Anthropology, Dibrugarh University. | UGC | National | 23 rd and 24 th November, 2006 |
| 2. | Population Explosion and its Effect on Health and Nutrition- With Perspective to the North | Population Explosion and Development in India with Special | Doomdooma College in Collaboration with Rotary Club of Doomdooma. | UGC | National | 27 th and 28 th August, 2010 |

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|----|---|--|---|-----|----------|--|
| | East India. | Reference to N.E. Region. | | | | |
| 3. | Role of Higher Education in Entrepreneurial Development in Tourism Sector in Assam. | Role of Higher Education Institutions in Developing Entrepreneurship in North-East India. | Career Counselling and Placement Cell S.M.D. College, Charing. | UGC | National | 20 th and 21 st December, 2011 |
| 4. | Nutritional Status of Ahom Community in the Village of Tinsukia. | Problem and Prospects of Ethnic Communities of India with Special Reference to North East India. | Department of Anthropology, Dibrugarh College, Dibrugarh | UGC | National | 18 th and 19 th January, 2012 |
| 5. | Processing and Production of Muga Silk in Assam | Silk Cultivation in North-East India with Special Reference to Assam. | Department of Home Science, Digboi Mahila Mahavidyalaya | UGC | National | 17 th and 18 th August, 2013 |
| 6. | Health and Nutritional Values among Adolescent Girls in Dibrugarh Town. | Human Security and Women in North-East India. | Department of Political Science, Moran Mahila Mahavidyalaya in Collaboration with LIPSA | UGC | National | 23 rd and 24 th August, 2014 |
| 7. | Nutritional Status of 0-5 years Old | Child Health in India with | Department of Anthropology DHSK College, Dibrugarh, in | UGC | National | 2 nd and 3 rd May, 2015 |

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|----|--|--|--|------|----------|---|
| | Children with Special Reference to Malnutrition: A Study based on Naharani Block Primary Health Centre, Dibrugarh, Assam | Special Reference to North East India. | Collaboration with BalSakha Assam | | | |
| 8. | Fruits Vegetables and Spices: Their Role in Preventing and Treating Diseases and Health Condition. | Indigenous Food of Different Communities of North-East India. | Department of Home Science, Digboi Mahila Mahavidyalaya. | UGC | National | 8 th and 9 th September, 2017 |
| 9. | Influence of Tibetan Cuisine on Indian Food Culture. | Migration, Diaspora and Nation Building: Opportunities and Challenges. | Digboi Mahila Mahavidyalaya, Digboi. | ICHR | National | 1 st and 2 nd February, 2020 |

Details of Publications:

a. Published Papers in Journals:

| Sl no | Title with page no. and volume no. | Name of the Journal | ISSN/ISBN no. | Whether peer reviewed | no. of Co-authors | Year of publication |
|-------|--|--|----------------|-----------------------|-------------------|---------------------|
| 1. | Women Health and Some Superstations. Page no.80-84 | EMBARK | ISSN:2350-126X | NA | NA | 2014-15 |
| 2. | Socio Cultural Environment and Children's Education: a Study based | International Journal of Research in Social Sciences | ISSN:2249-2496 | Peer-reviewed | NA | 2018 |

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| | among the Tea Garden Population of Dibrugarh District. | | | | | |
| 3. | Women's Empowerment and Role of Welfare Organization in the Tea Gardens of Assam | International Journal of Research in Economics and Social Sciences (URESS) | ISSN:2249-7382 | Peer-Reviewed | NA | 2018 |

b. Papers Published as Conference Proceedings:

| Title with page no. | Details of conference publications | ISSN/ISBN No. | No. of Co-authors | Whether you are the main author | Year of publication |
|---|---|---------------------------|-------------------|---------------------------------|---------------------|
| Need of Women Organization among the Tea Garden-An Opportunity for Women's Empowerment. Page no.182-187 | Proceedings of the UGC sponsored National Seminar on Micro Economic Enterprise Building Mechanism to Empowerment of Women in Indian Scenario,2011.IQAC and Women cell, Tinsukia Commerce College. | ISBN-13/978-81/921307-2-9 | NA | Yes | 2011 |

c. Articles/Chapters published in books

| Title with page no. | Book title, Editor and Publisher | ISSN/ISBN No. | Whether Peer-reviewed | No. of Co-author | Whether you are main author | Year of publication |
|---|---|------------------------|-----------------------|------------------|-----------------------------|---------------------|
| Population Explosion and its effect on Health and Nutrition- with perspective to the North-East | Population Education. Edited by Dr.A. Saikia, Mr. L. Ali,Dr.K. Kishore. Published by APH Publishing | ISBN 978-81-313-1223-0 | No | No | Yes | 2011 |

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|---|--|---------------------------|----|---|-----|------|
| India. Page no.219 - 233 | Corporation, New Delhi | | | | | |
| Processing and Production of Muga Silk in Assam. Page no.66-70 | Silk Cultivation in North East India with special reference to Assam. Edited by Dr Sanjita Chetia. Published by Digboi Mahila Mahavidyalaya. | ISBN : 978-93-83308-34-10 | No | 1 | | 2015 |
| Fruits, Vegetables and Spices: Their role in Preventing and Healing Diseases and Health Conditions. page no.356-360 | Indigenous Food of Different Communities of North- East India. Edited by Dr.S. Chetia and Ms.A. Saikia Published by Department of Home Science, Digboi Mahila Mahavidyalaya. | ISBN 978-81-924366-4-8 | No | 1 | Yes | 2018 |

Articles published in Newspaper/Magazine

| Title | Newspaper/Magazine | Year of publication |
|--|---|--------------------------------|
| Quality standard in food products | The Assam Tribune | 14 th October, 2004 |
| Nutritious Food for Babies Prepared by Mother at Home. | Swasthya and Dirgha Jiban (Assamese magazine) | September 2004 |
| Play School: The Basic Concept and Reality. | Journal of Department of Home Science. | 2004 |

OC/RC/STC/FDP attended

| Sl. No | Name of the Programme | Duration | Organiser | Sponsoring agency |
|--------|-------------------------------|---|---------------------------|-------------------|
| 1 | Orientation Course | 28 days 21 st October to 17 th November, 2002 | ASC, Guwahati University. | UGC |
| 2 | Refresher Course on "Research | 21 days | ASC, Guwahati | UGC |

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| | Methodology” | 1 st to 21 st December,2010 | University | |
| 3 | Refresher Course | 21 days From 8 th to 28 th October, 2014 | ASC Banaras Hindu University, Varanasi. | UGC |
| 4 | Short Term Course (STC) on “Research Methodology” | 7 days 14 th to 20 th March, 2019 | HRDC, Guwahati University | UGC |
| 5 | Faculty Development Programme(FDP) on “Imparting Soft Skills and Life Skills for Success” | 6 days 17 th August to 22 nd August 2020 | Shanti Devi Arya Mahila College, Dinanagar, Gurdaspur, Punjab. | |
| 6 | Online Faculty Development Programme (FDP) on “Enhancing Qualitative Approach in Education” | 7 days 07 to 13 June 2021 | Army institute of Education, Greater Noida. | |

Conference/Symposia/Webinars attended:

| Sl. No | Name of the Programme | Duration | Organiser | Sponsorin g agency |
|--------|---|---|---|-----------------------|
| 1. | National Seminar on “Families under Stress: Problems and Coping Strategies” | 2 days 9 th and 10 th November, 1994 | Faculty of Home Science, AAU, Jorhat | AAU |
| 2. | National Seminar on “Challenges Before Contemporary Indian Literature” | 2 days 10 th and 11 th September 2004 | “Manthan” A Literary, Cultural & Academic Organisation of College Teachers, Dibrugarh, Assam | Manthan |
| 3. | Regional Seminar on “Higher Education and Demands for Globalisation” | 2 days 3 rd and 4 th December, 2005 | MDK Girls’ College, Dibrugarh | NAAC |
| 4. | Sensitivity/Awareness/Motivatio n Workshop on “Capacity Building of Women Managers in Higher Education”. | 5 days 15 to 19 December, 2009 | Cell for Women Studies and Development, DHSK College, Dibrugarh | UGC |
| 5. | National Level Workshop on “Social Sector Service Delivery: A Demand Based Approach” | 2 days 1 st and 2 nd December 2011 | Dept.of Economics, DHSK College, Dibrugarh | UGC |
| 6. | National Workshop on “Juvenile Justice System in Assam” | 2 days 22 and 23 March, 2012 | Cell for Women’s studies and Development,DHS K College, Dibrugarh. | UGC |
| 7. | State-Level Workshop on | 2 days | DigboiMahilaMaha | UGC |

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| | “Teaching Language Through Literature” | 1 st and 2 nd February ,2013 | vidyalaya | |
| 8. | National Workshop on “Processing of Bamboo Shoots and its Economic Prospects in North East India” | 2 days 6 th and 7 th November, 2013 | Department of Home Science, DigboiMahilaMaha vidyalaya | UGC |
| 9. | Zonal Symposium on “Gender Equality and Social Tolerance” | 27 th April, 2015 | ACTA MDKG College, Dibrugarh | ACTA Dibrugarh Zone |
| 10. | National Workshop on “Cyber Crime Against Women in North East India: Causes and Remedies” | 2 days 16 and 17 June, 2017 | MDKG College, Dibrugarh in Collaboration with Jon-Kalyan Society, Moran | UGC |
| 11. | National Workshop on “The Future of Sociology in India” | 2 days 20 th & 21 st April, 2018 | Deptt. Of Sociology, MDKG College, Dibrugarh | UGC |
| 12. | National Symposium on” Bank Products, Consumer and Benefit” | 13 th November 2019 | ACTA Dibrugarh Zone | ACTA |
| 13. | Webinar on “awareness Programme on Online E-Resources” | 25 th May 2020 | AshwiniCharan Choudhury Central Library, DHSK College in Collaboration with Assam College Librarians’ . | ICT Cell |
| 14. | National Webinar on “New API format of UGC 2019 for Professor, Associate Professor and Assistant Professor” | 29 th May 2020 | Dr. M.K. UmatheCollege Nagpur | |
| 15 | National Webinar on “Our Environment and COVID-19” | 5 th June,2020 | Acharya NarendraDev College (University of Delhi) | |
| 16. | Webinar on “Turning Covid Challenges to Opportunities: Exploring Entrepreneurial Potential in Native Bioresources” . | 16 th June, 2020 | IQAC Tihu College, Tihu,Nalbari, Assam | |
| 17. | National Webinar on “Enhanced Employability for Home Scientists in Current Scenario” | 2 days 22 nd & 23 rd June 2020. | Deptt.of Home Science, Nagpur University, Nagpur. | |
| 18. | Interdisciplinary International E-Conference on “Impact of COVID-19 on Various Areas of Global Economy, Science & | 2 days 24 &25 June,2020 | Gondwana University, Gadchiroli,MS, India. | |

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| | Humanities” | | | |
| 19. | International Webinar on “COVID-19 Pandemic: War, Peace-Building and Conflict Resolution” | 26 th June, 2020 | KarmashreeHiteswarSaikia College, Guwahati, Assam. | |
| 20. | National Webinar on “Women Issues and Challenges during COVID-19 Pandemic: prospective Measures” | 27 th June, 2020 | Barnagar College, Sarbhog, Assam | |
| 21. | International Webinar on “Post COVID-19 Educational Challenges to Bali,Indonesia” | 2 nd July,2020 | KarmashreeHiteswarSaikia College, Guwahati. | |
| 22. | National Webinar on “Immuno-Nutrition, Wellness Management & Livelihood Change. | 3 days 03 – 05 July,2020 | AICRP on Women in Agriculture, Assam Agricultural University, Jorhat. | ICAR |
| 23. | National Webinar on “Survive &Thrive- Emotional Wellbeing” | 4 th July,2020 | P.U. Educational Service. | |
| 24. | International Webinar on “Coping with the COVID-19 Pandemic- Health and Psychological Issues” | 5 th July,2020 | KarmashreeHiteswarSaikia College, Guwahati. | |
| 25. | National Webinar on “Pandemic COVID-19 and Challenges” | 6 th July,2020 | MDKG College, Dibrugarh. | |
| 26. | International Webinar on “Post Pandemic challenges to Liberal democratic Institutions in South Asia” | 15 th July,2020 | NandalalBorgohain City College, Dibrugarh. | |
| 27. | National Webinar on “Cloudburst and Flood” | 21 st July,2020 | NIDM, Ministry of Home Affairs, Govt. of India in Collaboration with Meteorological Department, Ministry of Earth Sciences, Govt. of India. | |
| 28. | International Webinar on “Post Pandemic Higher Education; Approaches and Way Forward” | 23 rd July, 2020 | NandalalBorgohain City College, Dibrugarh and Mazbat college, Udalguri, Assam. | |
| 29. | National Webinar on” Apparel and Fashion World: Pot Pandemic Perspective” | 27 th July,2020 | Deptt. Of Textiles and Apparel Designing, Ethelind College of Home Science, Sam | |

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| | | | higginbottom University of Agriculture, Technology and Sciences. | |
| 30. | International Webinar on “Food Safety Policies and Regulation” | 2 days 27 th and 28 th July, 2020. | College of Community Science in Collaboration with NAHEP,AAU, Jorhat. | |
| 31. | National Webinar on “Parenting Support During Covid-19 Lock Down” | 8 th August,2020 | Deptt.of Home Science,Duliajan Girls’ college,Duliajan. | |
| 32. | National Workshop on “Gender-Based Violence and Prevention of Sexual Harassment at Workplace” | 13 and 14 August, 2020 | Army Institute of Education, Greater Noida. | |
| 33. | International Webinar on “Women and Heart disease: Risks, Prevention and Management” | 30 th August,2020 | Deptt. Of Home Science, Duliajan Girls’ College, Duliajan. | |
| 34. | International Workshop on “Changing facets of Human Rights-COVID-19” | 5 days 16 th to 20 th September 2020 | S.S. Maniyar law College, Jalgaon (MS) India. | |
| 35. | National Webinar on “Covid 19 pandemic & HEIs: Challenges Opportunities and Way forward” | 15 th June 2021 | Nowgong Girls’ College nagoan and S. Das College Hajo. | |
| 36. | Yoga Online Workshop on “Stress Management Through Yoga and Meditation. | 3 rd July 2021 | Indian Council ofPhilosphicalRese arch, New Delhi. | |
| 37. | One day Workshop on “Lesson Plan Preparation” | 23 rd may,2022 | MDKG College, Dibrugarh | |
| 38. | One day Workshop on “Implementation of New Education policy 2020” | 6 th june,2022 | MDKG College, Dibrugarh | |
| 39. | One day Workshop on “The Role of IPR in Empowering and Supporting Women Innovator” | 12 th September, 2022 | MDKG College in Collaboration with DPIIT IPR Chair, Tezpur University. | |